

The Parent Academy

Brings you a wealth of knowledge, skills, and opportunities

With parent workshops offered at schools, adult education centers, and community places!



Workshops feature...

- **An interactive atmosphere** where you can meet other parents, share your experience, explore the wonders of technology, and answer questions that are critical for your child's development and your role as a parent.
- **Interesting Topics in four different strands:**

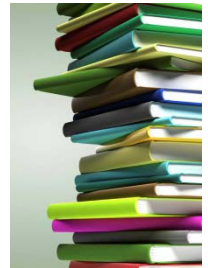
Maintaining a Healthy Lifestyle



Learn how to beat Stress and make choices for a healthy Lifestyle with tips, tricks, and principles for better fitness and nutrition. Learn about drugs and HIV among the youth, KidCare and other health resources. Learn how to preserve your child's emotional health and get help when you need it.

The Home-School Connection

Learn meaningful ways to connect with your child's school. Learn about attendance policies and homework collaboration tips. Share the joy of reading with your child; strengthen his math skills and her love of science. Lower the stress that many parents and children experience about standardized testing as you begin to understand more about the tests that your children will take. Learn what you can do to help your child transition to higher academic levels and effectively plan for his career and future.



Parenting in the New Millennium



Explore a wealth of resources online and get on with the Parent Portal of Miami-Dade schools. Discover the new place that technology occupies in today's family. Understand your parental rights, responsibilities, and options to address your child's needs, talents, and interests. Uncover the mysteries of a child's brain. Learn effective strategies to raise responsible children and peacefully resolve family conflict. Learn how you can act against violence and bullying to help build safer school environments.

Pathways to Family Enhancement

Develop your child's cultural literacy. Locate information on Immigration policies. Learn how to search for a Job, build a winning resume, and prepare to interview. Find how to get help with social, medical, and legal Issues. Learn effective strategies to reach your financial goals.



Call your child's school today, or log onto www.theparentacademy.net

Experience the fun and excitement... of our free **Family Learning Events**



The Parent Academy teams with community partners to offer fun educational opportunities that benefit everyone in the family. Parents and children will join us at Miami Children’s Museum, Marlins Stadium, Jungle Island, Miami Science Museum, Miami-Dade Cultural Center, and more to explore the wonders of science, celebrate the holiday season, experience the arts, engage in fitness activities, learn about the environment that surrounds us... and bond as a family. Our events showcase free information and resources that foster excellence and help create a vibrant family life!

TPA works with the **Office of Parental Involvement**

- **To assist** schools in the planning and delivery of programs and activities related to parental involvement
- **To encourage** parent participation in the Very Involved Parent Award Program beginning in October and ending with the Schools’ Family of the Year celebration in March
- **To Encourage** parents to join the Parent Teacher Association (PTA) and other parent leadership committees at the school, region, or district level, such as the Educational Excellence School Advisory Committee (EESAC), Title I Parent Advisory Committee (PAC), Title I District Advisory Committee (DAC), Parent Leadership Council (PLC), or the Family and Community Involvement Advisory Committee (FCIAC)



**To learn more about parent advocacy and leadership opportunities,
contact your PTA representative or log onto <http://parents.dadeschools.net>**